

FREE LUNCH & LEARN WORKSHOP

By Elements Financial | Your Credit Union Partner

| Money on Your Mind

In this workshop, you'll learn about:

- > How your emotions can lead to impulsive decisions.
- > Improving your finances can impact your overall wellbeing.
- > Strategies for avoiding financial stress.

Lunch will be provided!

Join Us

Thursday, March 19
12:00 PM - 1:00 PM | Eastern
IU Health Arnett AG410



Register

elements.org/iuhealth



Indiana University Health