FREE LUNCH & LEARN WORKSHOP

By Elements Financial | Your Credit Union Partner

Financially Navigating Life's Transitions

In this workshop, you'll learn about:

- How major life transitions impact your finances, from career changes to retirement and everything in between.
- Practical strategies to financially prepare for each stage of life, reduce stress, and protect your future.
- Why planning, communication, and adaptability are key to navigating change with financial confidence.

Lunch will be provided!

Join Us

Tuesday, November 10
12:00 PM - 1:00 PM | Eastern
IU Health - Fairbanks FS1100

Register

elements.org/iuhealth



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